

Tips for older persons

How to stay well during Coronavirus (Covid-19) outbreak

How to protect yourself and others

Good Hygiene – Wash your hands often.  
Practice social distancing.  
Stay at home if you are sick.

If you become unwell call **13 HEALTH - 13 43 25 84**

**Further Info:** Australian Government Website - [www.health.gov.au](http://www.health.gov.au)

How to Eat Well

Woolworths and Coles offer dedicated shopping hour for elderly between 7 – 8am Mon - Fri  
Woolworths offer Priority Assistance Service for seniors to order online for home delivery  
Meals on Wheels - **Ph 1300 909 790**

How to see your GP

Call your GP to arrange an appointment as normal.  
Phone consult with Facetime or Skype may be available  
Call **13 Health 13 43 25 84** for further advice.

**Other resources** - Home Dr visiting service **13 sick (13 74 25)** or GP2U online service

How to get your medicines

Phone your regular Pharmacy for advice and to see if home delivery service available

Other resources

APPS such as **Tonic** and **MyPharmacyLink** connect you with a Pharmacist to arrange home delivery of meds.

How to stay connected

Stay connected with family and friends using Facetime or Skype.  
Call Seniors Enquiry line **1300 135 500** for available options in your area.

How to maintain good mental health

**MH Call 1300 64 22 55** for 24hr mental health care

Other Resources

Beyond Blue **1300 22 4636**

Lifeline **131114** for crisis support

People who have no other means of support can call the

**Queensland Community Recovery Hotline** for assistance on **1800 173 349**

PRAYER

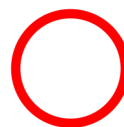
Lord, keep us under the shadow of your mercy  
in this time of uncertainty and distress.  
Sustain and support the anxious and fearful,  
and lift up all who are brought low;  
that we may rejoice in your comfort  
knowing that nothing can separate us from your love  
in Christ Jesus our Lord. **Amen.**



Uniting Church Dayboro  
*CIRCLE Bulletin*  
**1st April to 30th April 2020**



Lord Jesus Christ,  
you taught us to love our neighbour,  
and to care for those in need  
as if we were caring for you.  
In this time of anxiety, give us strength  
to comfort the fearful, to tend the sick,  
and to assure the isolated  
of our love, and your love,  
for your name's sake. **Amen.**



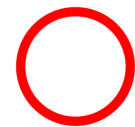
We are a warm & welcoming Church who  
LOVE Jesus, LOVE each other and  
LOVE Dayboro District  
Giving HOPE for the future

Our worship, our communion table & our fellowship are open to all.  
Rather than tell you how to live, how to think or how to vote, we simply offer  
you a place where you will be loved & accepted,  
and where you can grow in the grace of God.

**Uniting Church Dayboro**  
**Church Celebrating 120yrs of worship October 2020**

Sunday Service Link  
<http://vimeo.com/401572384>  
*Welcome to New Worshippers & visitors*

Please contact your Circle of Care Hosts or Pastor Dan if you would like them to check  
on any of our Church family/or Dayboro Community members that you may be con-  
cerned about.



### Lectionary Readings:

*'The Uniting Church acknowledges that the Church has received the books of the Old and New Testaments as unique prophetic and apostolic testimony, in which it hears the Word of God and by which its faith and obedience are nourished and regulated...*

*The Uniting Church lays upon its members the serious duty of reading the Scriptures, [and] commits its ministers to preach from these...'*

*Basis of Union (1992 Edition), paragraph 5*

April 5 2020 Palm Sunday: Is 50:4-9a Ps 118:1-2,19-29 Phil 2:5-11 Mt 21:1-11  
April 5 2020 Passion Sunday: Is 50:4-9a Ps 31:9-16 Phil 2:5-11 Mt 26:14 – 27:66  
April 9 2020 Maundy Thursday: Ex 12:1-4,(5-10),11-14, Ps 116:1-2,12-19, 1 Cor 11:23-26, Jn 13:1-17,31b-35  
April 10 2020 Good Friday: Is 52:13– 53:12, Ps 22, Heb 10: 16-25 or Heb 4: 14-16, 5: 7-9, Jn 18: 1-19, 42  
April 11 2020 Holy Saturday: Job 14: 1-14 or Lam 3: 1-9,19-24, Ps 31: 1-4,15-16, 1 Pt 4: 1-8, Mt 27: 57-66 or Jn 19: 38-42  
April 12 2020 Easter Day: Acts 10:34-43 or Jer 31: 1-6, Ps 118: 1-2, 14-24, Col 3: 1-4, Jn 20: 1-18 or Mt 28: 1-10  
April 19 2020 Easter 2: Acts 2: 14a, 22-32, Ps 16, 1Pt 1: 3-9, Jn 20:19-31  
April 26 2020 Easter 3: Acts 2: 14a, 36-41, Ps 116: 1-4, 12-19, 1Pt 1: 17-23, Lk 24: 13-35  
May 3 2020 Easter 4: Acts 2: 42-47, Ps 23, 1 Pt 2: 19-25, Jn 10: 1-10

### OFFERING

I don't want to go on too much about this but, without Dayboro Day Festival and our monthly markets, we will be a bit light on in the finances department. Firstly, thank you to all those who have taken to electronic offering. Secondly, those of you who aren't doing this, if you did it would be fantastic. The bills are still coming in and still have to be paid. It is an easy process and I'm sure Jenny would be more than happy to explain the procedure. If you would like to speak with Jenny, please let me know and she will be in touch with you.

### To give electronically (new):

BSB 704640 Account: 22046043 Reference: Offering

Our Web address is [www.dayborouca.com.au](http://www.dayborouca.com.au)



@ dayborouniting

### Birthdays to celebrate

31st Mar	Mark Hansen
1st April	Andrew Connor
3rd April	Evie Pianta—Happy 1st birthday Evie
3rd April	Tommy Williams—80years young
6th April	Judy Taylor
6th April	Stuart Patterson
8th April	Kacee Carter
8th April	Mark Duce
10th April	Oscar Anderson
10th April	Amelia Perry—Happy 5th birthday Amelia
10th April	Christine Connor
11th April	Lois Gemmell
18th April	Joy Salmond
19th April	Karl Warschau
20th April	Rick Staveley
25th April	Georgie Gemmell
27th April	Vicki Bohan
1st May	Gloria Nugent



### Groups that have been CANCELLED until further notice.

Musical afternoons  
Craft  
*mainly music*  
Card Sharps  
Conversation Club  
Sunday Space  
Sunday Service  
Home Group  
Band Practice  
Choir Practice  
Monthly Markets  
DAYBORO DAY FESTIVAL

We have not as yet cancelled Dayboro Vintage High Tea, (26th June) but it is very likely we will have to postpone it until later on in the year.